



I. Objective: The goal of the entire **TMH Medical** team is to deliver premier Western standard medical and dental service in a war theater. There are few companies with the capacity to administer medical, as well as dental services, in a theater of war. We are confident that no one company can do a better or more efficient job than the professionals at **TMH Medical & Medevac**.

II. Capabilities: Currently we have clinics and hospitals in operation on three different bases in **Afghanistan (Kandahar Air Field, Bagram Airfield, Camp Leatherneck**, as well as an affiliate clinic in **Kabul**. Our services are as follows:

- 1) Clinical Visits (Minor Illness or injury)
- 2) X-Ray
- 3) Physicals (MOD-11, Food Service, OCN/HN Exams, TB Screen)
- 4) Drug Testing
- 5) Inpatient Care (Overnight Stay Care)
- 6) Pharmacy (In-house Prescriptions & Medications)
- 7) Vaccinations
- 8) EKG's
- 9) Blood Analysis/Laboratory
- 10) Splints, Crutches (Orthopedic)
- 11) Extended Treatment & Monitoring
- 12) Medical Evacuation and/or Medical Escort
- 13) CPR/AED/ First Aid Training
- 14) Dental Services
- 15) Dental X-ray's
- 16) Visa Assistance
- 17) Medical Case Management

1). Clinical Visits include basic health care issues, i.e., colds, lacerations and other minor illnesses/injuries. The clinical visits allow our patients to walk---in, then sign---in, and wait for an available doctor for service. In other words, no appointment is necessary, but is recommended.

2). **TMH Medical** has the ability to take x-rays at all of our various clinics and hospitals. Our expert staff will administer the x-ray and interpret the images, as well as provide a copy to the patient on CD (All our x-rays are digital).

3). Our ability to fulfill all **Department of Defense** requirements for physicals is accomplished with the leadership of our expert staff. They have years of experience following all **DoD** physical requirements and currently possess an intricate familiarity with the new **MOD11** standards and procedures.

4). Drug testing can be performed at our onsite lab. If by chance we have to send out samples due to positive results and/or secondary confirmation, we will maintain a rigid chain of custody from start to finish.

5). Inpatient care is the need to accommodate patients for overnight stays is our specialty and the ability to do so in a war theater, comfortably, is what we at **TMH Medical & Medevac** achieve with superb skill. We have physicians and nurses on duty 24 hours a day 7 days a week.

6). **TMH Medical & Medevac** keeps a fully stocked pharmacy and have on hand most medications required for a speedy recovery. Our pharmacy is able to maintain prescription requirements for most short and long term prescriptions.

7). Vaccinations/Immunizations are essential for all personnel working on military bases. The following is a list of the vaccinations required and recommended by **DoD**:

- A. Meningitis
- B. Flu
- C. Tetanus/Diphtheria
- D. Varicella (Chicken Pox)
- E. Polio
- F. Typhoid
- G. Hepatitis A
- H. Hepatitis B
- I. MMR (Measles, Mumps, & Rubella)

8). Electrocardiography (ECG/EKG) from the German Electrocardiogram is a test that checks the electrical activity of the heart. The output produced by an EKG, which is noninvasive, is called an electrocardiogram. This test helps determine if there are any cardiac problems such as a heart attack.

9). **TMH Lab** is capable of conducting many different tests such as: CBC (Complete Blood Count), CMP (Comprehensive Metabolic Profile), HIV Test, Lipid Panel, Hepatic Panel, and many more.

10). The team at **TMH Medical & Medevac** is Orthopedic ready and capable for your typical bumps, bruises, sprains, and fractures. **TMH Medical & Medevac** maintains the supplies needed for splints, casting, and crutches.

11). Many illnesses require follow-up and extended treatments that the **TMH** professionals will manage. For example, many skin conditions require continuous monitoring and follow-up exam in order to ensure the treatment is effective. This is why **TMH Medical** always includes one follow-up visit at no charge. We want to ensure our patients are on a steady path to wellness.

12). If the need should arise, **TMH Medical & Medevac**, is prepared to evacuate a patient to a higher level of care or home of record for long term recovery. Our capabilities consist of providing the plane for evacuating patients with a highly skilled and expert flight team consisting of a doctor/ nurse or a nurse/ paramedic configuration. They are prepared and equipped to manage the most critical of patients.

If a patient is able to fly on commercial aircraft, we have resources to provide a Medical Escort who will deliver care and treatment before, during and after the flight. **TMH Medical & Medevac** will provide these services from beginning to end, or bed to bed, with the ability to deliver a patient to almost anywhere in the world.

13). CPR, AED, & First Aid Training are taught by our credentialed staff through the American Heart Association (AHA). The course will cover CPR, AED, and First Aid. We will allow plenty of hands on practice as we realize with the various languages, nationalities and cultures in theater, that not everyone learns by lecture. Certificates will be provided through the AHA and are valid for two years, however annual refreshers are always recommended to ensure competency.

14). Dental Services provided at **TMH Medical & Medevac** consist of, but are not limited to cleanings, cavity fillings, tooth extraction, root canals and much more.

15). Dental X-rays are performed at **TMH Medical & Medevac** on as need basis.

16.) Due to our strategic alliance with **Canadian Specialist Hospital (CSH)** in Dubai, we have the ability to obtain visas for any of our patients being transferred to or seeking care at **CSH**. They are a state of the art facility in the Middle East and work very closely with TMH to ensure the highest standards of care are delivered to the patient. **CSH** has the ability to assist **TMH Medical & Medevac** in obtaining visas on a very short notice for our medical patients.



Canadian Specialist Hospital
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17.) **TMH Medical & Medevac** endeavors to be your **Total Case Management** solution. We will be your “one stop shop” health care solution and provider for all of your medical needs. From the typical chest cold to kidney stones, physical exams, flights out of theater, our professional team at **TMH Medical & Medevac** can and currently do...manage it all.

The **Quality Care Plan or QCP** was established in order to guarantee affordable and adequate medical services for civilian contractors working in a war theater.

At **TMH Medical** our services are always available with or without a **QCP** agreement.

An initial office visit to **TMH Medical & Medevac** clinic will cost \$367.50 USD. A follow up visit is always included free of charge for each individual condition that’s diagnosed.

TMH Medical and Medevac gives an individual the ability to be prepared with our company insurance style program we call the **Quality Care Plan**. The plan is priced at a rate of \$50 USD per month, which is made available in a minimum 6-month package at a sum of \$300, or in a 12-month package at a sum of \$600.

Included in our **QCP** would be one initial visit at no charge to the individual participant. Also, the first additional follow-up would be given at no charge under the **QCP** program.

All other visits, follow-ups, and services to the clinic would be given at the **Quality Care Plan** customer rate. The following are examples of the medical & dental savings under the **Quality Care Plan**:

	<u>No QCP</u>	<u>QCP Rate</u>	<u>Savings</u>
Initial Office Visit:	\$350.00	\$0.00	\$350.00
Moderate/Complex	\$184.00	\$61.27	\$122.73
Tooth Extraction:	\$266.00	\$88.58	\$177.42
Aspirin 325mg=30 tabs	<u>\$10.00</u>	<u>\$0.00</u>	<u>\$10.00</u>
	\$810.00	\$149.85	<u>\$660.15</u> *

Finally, as part of our **QCP** offer, all medicines valued at \$15 or less, with a \$5 minimum requirement, would be administered by our in house pharmacy at the posted fee schedule.

Also, TMH Medevac will offer medical evacuations and escorts at a discounted rate under the **QCP** . It is highly recommended that every company have a medevac plan in place prior to there,. being a need for medical evacuations and escorts.

These contingency plans are recommended and set so as to save our client’s time and money. No money will be exchanged when signing with **TMH** to be your Medevac or Medical Escort provider, not until the service is needed.

Instead a company would be under contractual obligation to use our services at an agreed price. In order to receive the best rate, a company would have to be contractually obligated to use ***TMH Medical & Medevac*** for these rare emergencies.